

CONTENTS

Acknowledgments ix

Introduction: Religion, Reform, and Recreation 1

1. “Not Playing without a Purpose”: The Construction of a Mormon Recreation Ideology 21
 2. “A Strong Arm to the Church”: Recreation Building Boom 57
 3. “For the Uplifting and the Betterment of the Youth of Israel”: Athletics, Socialization, and the “Selling of the Word of Wisdom” 88
 4. “A Means of Preserving the Memory of the Mormon Pioneers”: LDS Recreation in the Great Outdoors 125
 5. To Make the Most of Leisure: Recreation Responds in a Depression Decade 162
- Conclusion: Recreation Recedes 185

Bibliography 193

Index 213

Illustrations follow page 124